



The SS United States Conservancy Presents

# FULL SPEED AHEAD!

## 5k & One Mile Fun Run

### Saturday, April 22, 2017

*"Run Through One of Pennsylvania's Most Scenic Parks"*

The SS United States Conservancy is a national non-profit organization working to save and restore the SS United States – America's fastest – and sole remaining - historic oceanliner. By participating in this race, you will help ensure that the legacy of America's Flagship will endure and inspire for decades to come and will help support the Conservancy's curatorial and educational programs. For more information about the Conservancy, visit [www.ssusc.org](http://www.ssusc.org), follow us on Twitter and Instagram @SSUSC, or visit Facebook.com/SSUSC.

**LOCATION:** Neshaminy State Park in Bensalem, Pennsylvania, approximately 20 miles north of Center City, Philadelphia. Day-of registration and pickup opens at 8:00 a.m. The 5k begins at 9:30am, One Mile Fun Run to begin at 10:15am. Short sleeve t-shirt to all pre-entries who register before April 10, 2017. Remaining t-shirts will be available day of race, first come first serve. Clock at finish, refreshments, instant results. Rain or shine. No refunds.

**COURSE:** FLAT, FAST course on mostly shaded paths, portion of course runs along Delaware River.

**AWARDS:** **5k:** First Place Male / Female Award & top three Male / Female in: 14 & Under | 15-19 | 20-29 | 30-39 | 40-49 | 50-59 | 60+ | **One Mile Fun Run:** Top three Males & Females overall

**ENTRY:** **5k:** \$30 if postmarked by Saturday, March 4, 2017. Before April 10, \$35 and guaranteed a shirt. After April 10 until day of race, \$35. Shirts will be first-come first-serve on day of race. **One Mile Fun Run:** \$15, by March 4. Afterwards and day of race, \$20.

*Grab bags to all pre-registered participants. Note: Kids participating in both the 5k & fun run must enter twice.*

**DIRECTIONS FROM PHILADELPHIA:** Take I-95 North toward Trenton. Keep left to stay on I-95 North. Continue on I-95 North for about 14 miles. Take exit 37 on the right for PA-132/Street Road. Turn right onto Street Road and stay on for ¼ mile. Turn left onto State Road. In ¼ mile, turn right onto Park Drive, or follow signs into Neshaminy State Park.

**DIRECTIONS FROM WARMINSTER/WARRINGTON:** Take PA-132/Street Road for about 15 miles. Turn left onto State Road. In ¼ mile, turn right onto Park Drive, or follow signs into Neshaminy State Park.

**MAIL CHECK PAYABLE TO THE SS UNITED STATES CONSERVANCY & FORM BELOW TO:**

115 Chestnut Street, Philadelphia, PA 19106.

Race Director: Jen Rogers, (215)436-0765, [jrogers@ssusc.org](mailto:jrogers@ssusc.org).

You can also call (888)488-7787 to pay using your credit card or visit our website to pay via PayPal.

Optional online registration available on [www.pretzelcitysports.com](http://www.pretzelcitysports.com).

(nominal processing fee applies, closes at midnight, the Wednesday of race week)

**Join us afterwards at Neshaminy Creek Brewing Company!**

Neshaminy Creek Brewing Co. is located one mile from Neshaminy State Park. 909 Ray Ave, Croydon, PA 19021. Croydon Cream Ale and J.A.W.N. beers will be discounted to all race participants 21 years and older. Kids welcome!

Last name \_\_\_\_\_ First name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Circle one: 5k    One Mile Fun Run    Sex: M    F    Race day age: \_\_\_\_\_ Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Shirt Size (circle one):    S    M    L    XL    Phone: \_\_\_\_\_ AM or PM? circle one or both

Email (print clearly): \_\_\_\_\_

Sign me up for the Conservancy's e-newsletter to stay up to date with America's Flagship! Yes \_\_\_\_\_ No \_\_\_\_\_

Already getting Pretzel City emails regularly? Yes \_\_\_\_\_ No \_\_\_\_\_

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be other park visitors on the course and assume the risk. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, the SS United States Conservancy, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_ Date \_\_\_\_\_